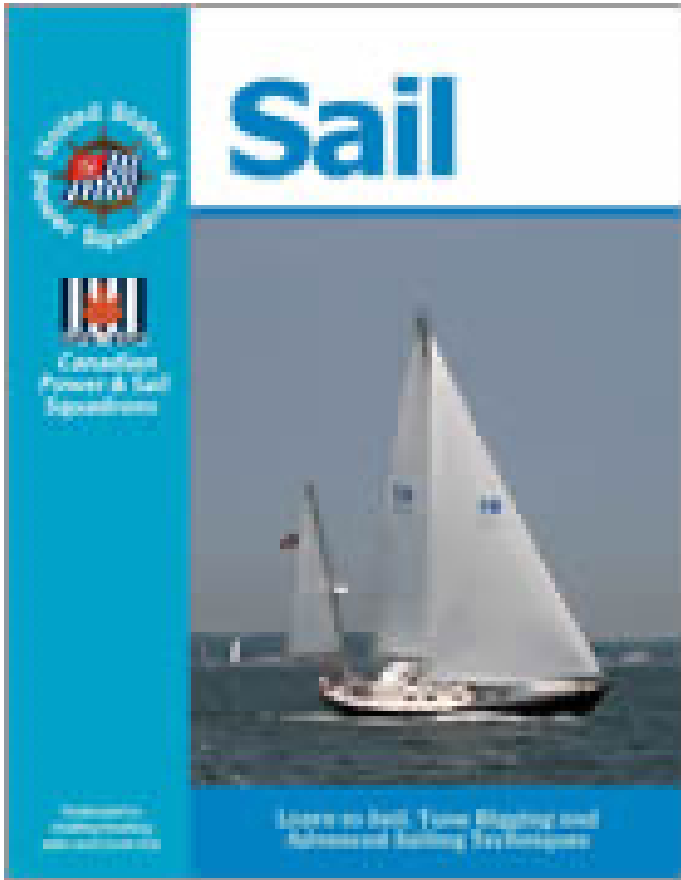




Introductory *Sailing* Course



This course introduces basic sailboat designs and nomenclature, rigging, and safety. Topics also include the physical aspects of sailing forces, techniques, sail applications, marlinespike, helmsmanship, and handling of difficult sailing conditions. Geared toward prospective and novice sailors, the course may also benefit experienced sailors.

What's included?

- Types of sailboat rigs and hull shapes, including sail configurations and standing rigging
- rigging
- Wind and water forces affecting sailboat stability and balance
- Sail shape and tuning the standing rig
- Steering and helmsmanship
- - Sailing upwind, downwind and spinnaker handling

**When: March 14, 2023
and the following 9 Tuesdays,
7—9 pm**

Where: Virtual Sessions with live instructor via Zoom

Cost: USPS and Jubilee YC Members \$75; non-members \$105

**To register: Contact instructor Alex Pszenny:
alexpszenny@gmail.com or 978-764-4663**

Sponsored by the Beverly – Marblehead Sail and Power Squadron